

Effective Spring 2009



Train Timetable



New York City Transit *Going your way*

7 trains operate between Main St-Flushing, Queens, and 42 St-Times Square, Manhattan, at all times. Weekday mornings some 7 trains (denoted below by a color bar) operate express toward

Manhattan. Weekday afternoons and evenings, these trains operate express to Queens.

Fares – All MTA New York City Transit trains (subways and Staten Island Railway) and local buses (including Limited-Stop and +SelectBusService buses at MetroCard® fare collection machines) accept MetroCard. Express buses only accept 7-Day Express Bus Plus MetroCard or Pay-Per-Ride MetroCard. All of our buses and +SelectBusService coin fare collection machines accept exact fare in coins. Dollar bills, pennies, and half-dollar coins are not accepted.

Free Transfers – Unlimited-Ride MetroCard permits free transfers to all but our express buses (between subway and local bus, local bus and local bus etc.) Pay-Per-Ride MetroCard allows one free transfer of equal or lesser value if you complete your transfer within two hours of the time you pay your full fare with the same MetroCard. If you pay your local bus fare with coins, ask for a free electronic paper transfer to use on another local bus.

Reduced-Fare Benefits – You are eligible for reduced-fare benefits if you are at least 65 years of age or have a qualifying disability. Benefits are available (except on peak-hour express buses) with proper identification, including Reduced-Fare MetroCard or Medicare card (*Medicaid cards do not qualify*).

Children – The subway, SIR, local, Limited-Stop, and +SelectBusService buses permit up to three children, 44 inches tall and under to ride free when accompanied by an adult paying full fare.

Terms and Conditions – Fares and MetroCard use are subject to MTA NYC Transit Tariff and additional conditions.

Information in this timetable is subject to change without notice. Weather can affect running times. Customers are encouraged to read red-bannered service change notices. These contain important information, which might affect your trip.

Holiday Service

Weekday service operates on:

Martin Luther King Day, Columbus Day, Veterans Day, Election Day.

Saturday service operates on:

Presidents' Day, Independence Day.

Sunday service operates on:

New Year's Day, Memorial Day, Labor Day, Thanksgiving Day, Christmas Day.

If your service does not normally operate on Saturday and/or Sunday, it will not operate on these holidays.

Telephone Numbers For More Information

The following are available daily, 6 AM to 10 PM:

Travel information	718-330-1234
Non-English-speaking customers	718-330-4847
Customers with disabilities	718-596-8585
TTY/TDD users only	718-596-8273

For MTA NYC Transit on the Internet visit:

www.mta.info

Filing a Title VI Complaint

MTA is committed to ensuring that no person is excluded from participation in, or denied the benefits of, or be subject to discrimination in the receipt of its services on the basis of race, color or national origin as protected by Title VI of the Civil Rights Act of 1964, as amended (*Title VI*). If you believe you have been subjected to discrimination under Title VI, you may file a written complaint with the MTA New York City Transit Authority Office of Equal Opportunity, located at 130 Livingston Street, 3rd floor, Brooklyn, NY 11201.

Bold times denote PM hours.

Please read times from left to right.

This timetable printed with environmentally friendly ink on recycled paper.

7 Flushing Local

7 Flushing Express

Free transfer via street at
Long Island City-Court Sq G station
 or at **23 St-Ely Av E V station**
 with MetroCard only.



Station Service

- FULL-TIME**
Train always operates and always stops here.
- ONE-WAY WEEKDAY**
Train operates in one direction (To Manhattan AM, from Manhattan PM).
- ACCESSIBLE STATION**

Transfers

- Full-time
- Part-time

Weekday Service

7 Southbound

From Flushing-Main St, Queens, to Times Sq-42 St, Manhattan

Main St	Willets Pt	111 St	Junction Blvd	74 St	61 St	Qnsboro Plz	42 St Grnd Central	5 Av	Times Sq 42 St
12:11	12:14	12:15	12:17	12:20	12:24	12:31	12:39	12:40	12:42
12:25	12:28	12:29	12:31	12:34	12:38	12:45	12:53	12:54	12:56
12:40	12:42	12:44	12:46	12:49	12:52	12:59	1:07	1:09	1:10
1:00	1:02	1:04	1:06	1:09	1:12	1:19	1:27	1:29	1:30
1:20	1:22	1:24	1:26	1:29	1:32	1:39	1:47	1:49	1:50
1:40	1:42	1:44	1:46	1:49	1:52	1:59	2:07	2:09	2:10
2:00	2:02	2:04	2:06	2:09	2:12	2:19	2:27	2:29	2:30
2:20	2:22	2:24	2:26	2:29	2:32	2:39	2:47	2:49	2:50
2:40	2:42	2:44	2:46	2:49	2:52	2:59	3:07	3:09	3:10
3:00	3:02	3:04	3:06	3:09	3:12	3:19	3:27	3:29	3:30
3:20	3:22	3:24	3:26	3:29	3:32	3:39	3:47	3:49	3:50
3:40	3:42	3:44	3:46	3:49	3:52	3:59	4:07	4:09	4:10
4:00	4:02	4:04	4:06	4:09	4:12	4:19	4:27	4:29	4:30
4:20	4:22	4:24	4:26	4:29	4:32	4:39	4:47	4:49	4:50
4:34	4:37	4:38	4:40	4:43	4:47	4:54	5:02	5:03	5:05
4:46	4:49	4:50	4:52	4:55	4:59	5:06	5:14	5:15	5:17
4:58	5:00	5:02	5:04	5:07	5:10	5:18	5:26	5:27	5:29
5:10	5:12	5:14	5:16	5:19	5:22	5:30	5:38	5:39	5:41
5:20	5:22	5:24	5:26	5:29	5:32	5:40	5:48	5:49	5:51
5:29	5:32	5:33	5:35	5:39	5:42	5:50	5:58	5:59	6:01

EXPRESS SERVICE BEGINS

EX 5:38	5:40	—	5:44	—	5:47	5:53	6:01	6:02	6:04
5:39	5:42	5:43	5:45	5:49	5:52	6:00	6:08	6:09	6:11
5:46	5:48	5:50	5:52	5:56	6:00	6:07	6:15	6:17	6:19
EX 5:50	5:52	—	5:56	—	5:59	6:05	6:13	6:14	6:16
5:53	5:56	5:57	5:59	6:03	6:06	6:14	6:22	6:23	6:25
5:58	6:01	6:02	6:04	6:08	6:11	6:19	6:27	6:28	6:30
EX 6:01	6:03	—	6:07	—	6:11	6:16	6:24	6:26	6:28
—	—	6:07	6:09	6:13	6:16	6:24	6:32	6:33	6:35
6:08	6:11	6:12	6:14	6:18	6:21	6:29	6:37	6:38	6:40
EX 6:11	6:13	—	6:17	—	6:21	6:26	6:34	6:36	6:38

Then express stations are served every 2-5 minutes and local stations every 4-6 minutes until:

9:06	9:09	9:11	9:14	9:19	9:25	9:33	9:42	9:43	9:45
EX 9:08	9:11	—	9:14	—	9:18	9:24	9:33	9:35	9:37
EX 9:14	9:17	—	9:20	—	9:24	9:30	9:39	9:40	9:42
9:16	9:19	9:21	9:23	9:28	9:31	9:39	9:48	9:50	9:52
EX 9:20	9:23	—	9:26	—	9:30	9:36	9:45	9:46	9:48
9:26	9:29	9:31	9:33	9:38	9:41	9:49	9:58	10:00	10:02
EX 9:28	9:31	—	9:35	—	9:39	9:44	9:53	9:55	9:57
9:36	9:39	9:41	9:43	9:47	9:51	9:59	10:08	10:09	10:11
EX 9:38	9:41	—	9:44	—	9:48	9:54	10:03	10:04	10:06
9:46	9:49	9:50	9:52	9:57	10:01	10:09	10:18	10:19	10:21
EX 9:48	9:51	—	9:54	—	9:58	10:04	10:13	10:14	10:16
9:57	9:59	10:01	10:03	10:07	10:11	10:19	10:28	10:29	10:31
EX 9:59	10:01	—	10:05	—	10:08	10:14	10:23	10:24	10:26
10:07	10:09	10:11	10:13	10:17	10:21	10:29	10:38	10:39	10:41
EX 10:09	10:11	—	10:15	—	10:18	10:24	10:33	10:34	10:36
10:17	10:19	10:21	10:23	10:27	10:31	10:39	10:48	10:49	10:51
EX 10:19	10:21	—	10:25	—	10:28	10:34	10:43	10:44	10:46
10:27	10:29	10:31	10:33	10:37	10:41	10:49	10:58	10:59	11:01

Then express stations are served every 3-7 minutes and local stations every 10 minutes until:

EX 11:39	11:41	—	11:45	—	11:48	11:54	12:03	12:04	12:06
11:47	11:49	11:51	11:53	11:57	12:01	12:09	12:18	12:19	12:21
EX 11:49	11:51	—	11:55	—	11:58	12:04	12:13	12:14	12:16
11:57	11:59	12:01	12:03	12:07	12:11	12:19	12:28	12:29	12:31
EX 11:59	12:01	—	12:05	—	12:08	12:14	12:23	12:24	12:26
EX 12:09	12:11	—	12:15	—	12:18	12:24	12:33	12:34	12:36

EXPRESS SERVICE ENDS, LOCAL SERVICE ONLY

12:07	12:09	12:11	12:13	12:17	12:21	12:29	12:38	12:39	12:41
12:13	12:15	12:17	12:19	12:22	12:26	12:34	12:43	12:44	12:46
12:18	12:20	12:22	12:24	12:27	12:31	12:39	12:48	12:49	12:51
12:23	12:25	12:27	12:29	12:32	12:36	12:44	12:53	12:54	12:56

Then every 5 minutes until:

3:24	3:26	3:28	3:30	3:33	3:37	3:45	3:54	3:55	3:57
3:28	3:31	3:32	3:34	3:38	3:41	3:49	3:58	4:00	4:02
3:32	3:35	3:36	3:38	3:42	3:45	3:53	4:02	4:04	4:06
—	—	3:40	3:42	3:46	3:49	3:57	4:06	4:08	4:10
3:40	3:43	3:44	3:46	3:50	3:53	4:01	4:10	4:12	4:14

Then every 4-7 minutes until:

5:20	5:22	5:24	5:26	5:29	5:33	5:41	5:50	5:51	5:53
5:22	5:25	5:26	5:28	5:32	5:35	5:43	5:52	5:54	5:56
5:25	5:27	5:29	5:31	5:34	5:38	5:46	5:55	5:56	5:58
5:27	5:30	5:31	5:33	5:37	5:40	5:48	5:57	5:59	6:01
5:30	5:32	5:34	5:36	5:39	5:43	5:51	6:00	6:01	6:03
5:32	5:35	5:36	5:38	5:42	5:45	5:53	6:02	6:04	6:06

Then every 2-4 minutes until:

10:14	10:17	10:18	10:20	10:23	10:27	10:34	10:42	10:43	10:45
10:20	10:23	10:24	10:26	10:29	10:33	10:40	10:48	10:49	10:51
10:26	10:29	10:30	10:32	10:35	10:39	10:46	10:54	10:55	10:57
10:32	10:35	10:36	10:38	10:41	10:45	10:52	11:00	11:01	11:03
10:38	10:41	10:42	10:44	10:47	10:51	10:58	11:06	11:07	11:09
10:45	10:48	10:49	10:51	10:54	10:58	11:05	11:13	11:14	11:16
10:52	10:55	10:56	10:58	11:01	11:05	11:12	11:20	11:21	11:23
10:59	11:02	11:03	11:05	11:08	11:12	11:19	11:27	11:28	11:30
11:07	11:09	11:11	11:13	11:16	11:19	11:26	11:34	11:36	11:37
11:14	11:16	11:18	11:20	11:23	11:26	11:33	11:41	11:43	11:44
11:21	11:23	11:25	11:27	11:30	11:33	11:40	11:48	11:50	11:51
11:28	11:30	11:32	11:34	11:37	11:40	11:47	11:55	11:57	11:58
11:35	11:37	11:39	11:41	11:44	11:47	11:54	12:02	12:04	12:05
11:43	11:45	11:47	11:49	11:52	11:55	12:02	12:10	12:12	12:13
11:51	11:53	11:55	11:57	12:00	12:03	12:10	12:18	12:20	12:21
11:59	12:01	12:03	12:05	12:08	12:11	12:18	12:26	12:28	12:29

Weekday Service

7 Northbound

From Times Sq-42 St, Manhattan, to Flushing-Main St, Queens

Times Sq 42 St	5 Av	42 St Grnd Central	Qnsboro Plz	61 St	74 St	Junction Blvd	111 St	Willets Pt	Main St
12:51	12:53	12:54	1:03	1:10	1:13	1:16	1:18	1:20	1:24
1:04	1:06	1:07	1:16	1:23	1:26	1:29	1:31	1:33	1:37
1:19	1:21	1:22	1:31	1:38	1:41	1:44	1:46	1:48	1:52
1:39	1:41	1:42	1:51	1:58	2:01	2:04	2:06	2:08	2:12
1:59	2:01	2:02	2:11	2:18	2:21	2:24	2:26	2:28	2:32
2:19	2:21	2:22	2:31	2:38	2:41	2:44	2:46	2:48	2:52
2:39	2:41	2:42	2:51	2:58	3:01	3:04	3:06	3:08	3:12
2:59	3:01	3:02	3:11	3:18	3:21	3:24	3:26	3:28	3:32
3:19	3:21	3:22	3:31	3:38	3:41	3:44	3:46	3:48	3:52
3:39	3:41	3:42	3:51	3:58	4:01	4:04	4:06	4:08	4:12
3:59	4:01	4:02	4:11	4:18	4:21	4:24	4:26	4:28	4:32
4:19	4:21	4:22	4:31	4:38	4:41	4:44	4:46	4:48	4:52
4:39	4:41	4:42	4:51	4:58	5:01	5:04	5:06	5:08	5:12
4:59	5:01	5:02	5:11	5:18	5:21	5:24	5:26	5:28	5:32
5:15	5:16	5:18	5:26	5:33	5:37	5:40	5:42	5:44	5:47
5:30	5:31	5:33	5:41	5:48	5:52	5:55	5:57	5:59	6:02
5:40	5:41	5:43	5:51	5:58	6:02	6:05	6:07	6:09	6:12
5:50	5:51	5:53	6:01	6:09	6:12	6:15	6:17	6:19	6:23
5:57	5:58	6:00	6:08	6:16	6:19	6:22	6:24	6:26	6:30
6:04	6:05	6:07	6:15	6:23	6:26	6:29	6:31	6:33	6:37
6:11	6:12	6:14	6:22	6:30	6:33	6:36	6:38	6:40	6:44
6:17	6:18	6:20	6:28	6:36	6:39	6:42	6:44	6:46	6:50
6:23	6:24	6:26	6:34	6:42	6:45	6:48	6:50	6:52	6:56
6:26	6:27	6:29	6:37	6:45	6:48	6:51	6:53	6:56	6:59
<i>Then every 2-4 minutes until:</i>									
7:23	7:24	7:26	7:35	7:42	7:46	7:49	7:51	7:54	7:57
7:25	7:27	7:28	7:37	7:45	7:48	7:51	7:54	7:56	8:00
7:28	7:29	7:31	7:40	7:47	7:51	7:54	7:56	7:59	—
7:30	7:32	7:33	7:42	7:50	7:53	7:56	7:59	8:01	8:05
<i>Then every 3-5 minutes until:</i>									
9:50	9:51	9:53	10:02	10:09	10:13	10:16	10:18	10:23	10:26
9:55	9:56	9:58	10:07	10:14	10:18	10:21	10:23	10:26	10:29
10:00	10:01	10:03	10:12	10:19	10:23	10:26	10:28	10:31	10:34
10:04	10:06	10:07	10:16	10:24	10:27	10:30	10:33	10:37	10:40
10:09	10:11	10:12	10:21	10:29	10:32	10:35	10:38	10:40	10:44
10:14	10:16	10:17	10:26	10:34	10:37	10:40	10:43	10:47	10:50
10:19	10:21	10:22	10:31	10:39	10:42	10:45	10:48	10:50	10:54
10:24	10:26	10:27	10:36	10:44	10:47	10:50	10:53	10:57	11:00
<i>Then every 5 minutes until:</i>									
12:09	12:11	12:12	12:21	12:29	12:32	12:35	12:38	12:40	12:44
12:14	12:16	12:17	12:26	12:34	12:37	12:40	12:43	12:45	12:49
12:19	12:21	12:22	12:31	12:39	12:42	12:45	12:48	12:50	12:54
EXPRESS SERVICE BEGINS									
EX 12:24	12:26	12:27	12:36	12:42	—	12:46	—	12:51	12:55
12:29	12:31	12:32	12:41	12:49	12:52	12:55	12:58	1:00	1:04
EX 12:34	12:36	12:37	12:46	12:52	—	12:56	—	1:01	1:05
12:39	12:41	12:42	12:51	12:59	1:02	1:05	1:08	1:10	1:14
EX 12:44	12:46	12:47	12:56	1:02	—	1:06	—	1:11	1:15
<i>Then express stations are served every 5 minutes and local stations every 10 minutes until:</i>									
3:49	3:51	3:53	4:02	4:10	4:13	4:17	4:19	4:22	4:25
EX 3:54	3:56	3:58	4:07	4:12	—	4:16	—	4:20	4:23
3:58	4:00	4:02	4:11	4:19	4:22	4:26	4:28	4:31	4:34
EX 4:02	4:04	4:06	4:15	4:20	—	4:24	—	4:28	4:31
4:06	4:08	4:10	4:19	4:27	4:30	4:34	4:36	4:39	4:42
<i>Then express stations are served every 3-5 minutes and local stations every 5-8 minutes until:</i>									
EX 8:21	8:22	8:24	8:33	8:38	—	8:42	—	8:46	8:49
8:25	8:26	8:28	8:37	8:44	8:48	8:51	8:53	8:56	8:59
EX 8:29	8:30	8:32	8:41	8:46	—	8:50	—	8:54	8:57
8:33	8:34	8:36	8:45	8:52	8:56	8:59	9:01	9:04	9:07
EX 8:37	8:38	8:40	8:49	8:54	—	8:58	—	9:02	9:05
8:41	8:42	8:44	8:53	9:00	9:04	9:07	9:09	9:12	9:15
<i>Then express stations are served every 4 minutes and local stations every 8 minutes until:</i>									
9:47	9:48	9:50	9:59	10:06	10:10	10:13	10:15	10:19	10:22
EX 9:52	9:53	9:55	10:04	10:09	—	10:13	—	10:17	10:20
9:57	9:58	10:00	10:09	10:16	10:20	10:23	10:25	10:31	10:34
EX 10:02	10:03	10:05	10:14	10:19	—	10:23	—	10:27	10:30
10:07	10:08	10:10	10:19	10:26	10:30	10:33	10:35	10:37	10:41
EX 10:12	10:14	10:15	10:24	10:29	—	10:33	—	10:37	10:40
EXPRESS SERVICE ENDS, LOCAL SERVICE ONLY									
10:17	10:19	10:20	10:29	10:36	10:40	10:43	10:45	10:47	10:50
10:22	10:24	10:25	10:34	10:41	10:45	10:48	10:50	10:52	10:55
10:27	10:29	10:30	10:39	10:46	10:50	10:53	10:55	10:58	11:01
10:32	10:34	10:35	10:44	10:51	10:55	10:58	11:00	11:02	11:05
10:37	10:39	10:40	10:49	10:56	11:00	11:03	11:05	11:07	11:10
10:42	10:44	10:45	10:54	11:01	11:04	11:07	11:09	11:12	11:16
10:48	10:50	10:51	11:00	11:07	11:10	11:13	11:15	11:17	11:21
10:54	10:56	10:57	11:06	11:13	11:16	11:19	11:21	11:23	11:27
11:00	11:02	11:03	11:12	11:19	11:22	11:25	11:27	11:29	11:33
11:06	11:08	11:09	11:18	11:25	11:28	11:31	11:33	11:35	11:39
11:12	11:14	11:15	11:24	11:31	11:34	11:37	11:39	11:41	11:45
11:18	11:20	11:21	11:30	11:37	11:40	11:43	11:45	11:47	11:51
11:24	11:26	11:27	11:36	11:43	11:46	11:49	11:51	11:53	11:57
11:31	11:33	11:34	11:43	11:50	11:53	11:56	11:58	12:00	12:04
11:38	11:40	11:41	11:50	11:57	12:00	12:03	12:05	12:07	12:11
11:45	11:47	11:48	11:57	12:04	12:07	12:10	12:12	12:14	12:18
11:52	11:54	11:55	12:04	12:11	12:14	12:17	12:19	12:21	12:25
11:59	12:01	12:02	12:11	12:18	12:21	12:24	12:26	12:28	12:32
12:06	12:08	12:09	12:18	12:25	12:28	12:31	12:33	12:35	12:39
12:13	12:15	12:16	12:25	12:32	12:35	12:38	12:40	12:42	12:46
12:22	12:24	12:25	12:34	12:41	12:44	12:47	12:49	12:51	12:55
12:31	12:33	12:34	12:43	12:50	12:53	12:56	12:58	1:00	1:04
12:41	12:43	12:44	12:53	1:00	1:03	1:06	1:08	1:10	1:14

Express service is highlighted by color bar.

Saturday Service

7 Southbound

From Flushing-Main St, Queens, to Times Sq-42 St, Manhattan

Main St	Willets Pt	111 St	Junction Blvd	74 St	61 St	Qnsboro Plz	42 St Grnd Central	5 Av	Times Sq 42 St
12:11	12:14	12:15	12:18	12:21	12:24	12:31	12:39	12:40	12:42
12:25	12:28	12:29	12:32	12:35	12:38	12:45	12:53	12:54	12:56
12:40	12:42	12:44	12:46	12:50	12:52	12:59	1:07	1:09	1:10
1:00	1:02	1:04	1:06	1:10	1:12	1:19	1:27	1:29	1:30
1:20	1:22	1:24	1:26	1:30	1:32	1:39	1:47	1:49	1:50
1:40	1:42	1:44	1:46	1:50	1:52	1:59	2:07	2:09	2:10
2:00	2:02	2:04	2:06	2:10	2:12	2:19	2:27	2:29	2:30
2:20	2:22	2:24	2:26	2:30	2:32	2:39	2:47	2:49	2:50
2:40	2:42	2:44	2:46	2:50	2:52	2:59	3:07	3:09	3:10
3:00	3:02	3:04	3:06	3:10	3:12	3:19	3:27	3:29	3:30
3:20	3:22	3:24	3:26	3:30	3:32	3:39	3:47	3:49	3:50
3:40	3:42	3:44	3:46	3:50	3:52	3:59	4:07	4:09	4:10
4:00	4:02	4:04	4:06	4:10	4:12	4:19	4:27	4:29	4:30
4:20	4:22	4:24	4:26	4:30	4:32	4:39	4:47	4:49	4:50
4:40	4:42	4:44	4:46	4:50	4:52	4:59	5:07	5:09	5:10
4:57	5:00	5:01	5:04	5:07	5:10	5:17	5:25	5:26	5:28
5:12	5:15	5:16	5:19	5:22	5:25	5:32	5:40	5:41	5:43
5:27	5:30	5:31	5:34	5:37	5:40	5:47	5:55	5:56	5:58
5:39	5:42	5:43	5:46	5:49	5:52	5:59	6:07	6:08	6:10
5:49	5:52	5:53	5:56	5:59	6:02	6:09	6:17	6:18	6:20
5:59	6:02	6:03	6:06	6:09	6:12	6:19	6:27	6:28	6:30
6:07	6:10	6:11	6:14	6:17	6:20	6:27	6:35	6:36	6:38
6:13	6:16	6:17	6:20	6:23	6:26	6:33	6:41	6:42	6:44
6:18	6:21	6:22	6:25	6:28	6:31	6:39	6:47	6:48	6:50
6:23	6:26	6:27	6:30	6:33	6:36	6:44	6:52	6:54	6:56
6:28	6:31	6:32	6:35	6:38	6:41	6:49	6:57	6:59	7:01
6:33	6:36	6:37	6:40	6:43	6:46	6:54	7:03	7:04	7:06
6:38	6:40	6:42	6:44	6:48	6:51	6:59	7:08	7:09	7:11

Then every 5 minutes until:

11:38	11:40	11:42	11:44	11:48	11:51	11:59	12:08	12:09	12:11
11:43	11:45	11:47	11:49	11:53	11:56	12:04	12:13	12:14	12:16
11:48	11:50	11:52	11:54	11:58	12:01	12:09	12:18	12:19	12:21
11:53	11:55	11:57	11:59	12:03	12:06	12:14	12:23	12:24	12:26
11:58	12:00	12:02	12:04	12:08	12:11	12:19	12:28	12:29	12:31
12:03	12:05	12:07	12:09	12:13	12:16	12:24	12:33	12:34	12:36
12:08	12:10	12:12	12:14	12:18	12:21	12:29	12:38	12:39	12:41
12:13	12:15	12:17	12:19	12:23	12:26	12:34	12:43	12:44	12:46

Then every 5 minutes until:

2:33	2:35	2:37	2:39	2:43	2:46	2:54	3:03	3:04	3:06
2:38	2:40	2:42	2:44	2:48	2:51	2:59	3:08	3:09	3:11
2:43	2:45	2:47	2:49	2:53	2:56	3:04	3:13	3:14	3:16
2:48	2:50	2:52	2:54	2:58	3:01	3:09	3:18	3:19	3:21
2:53	2:55	2:57	2:59	3:03	3:06	3:14	3:23	3:24	3:26

Then every 4-6 minutes until:

8:44	8:46	8:48	8:50	8:54	8:56	9:04	9:13	9:14	9:16
8:52	8:54	8:56	8:58	9:02	9:04	9:12	9:21	9:22	9:24
9:00	9:02	9:04	9:06	9:10	9:12	9:20	9:29	9:30	9:32
9:08	9:10	9:12	9:14	9:18	9:20	9:28	9:37	9:38	9:40
9:16	9:18	9:20	9:22	9:26	9:28	9:36	9:45	9:46	9:48
9:26	9:28	9:30	9:32	9:36	9:38	9:45	9:53	9:55	9:56
9:34	9:36	9:38	9:40	9:44	9:46	9:53	10:01	10:03	10:04
9:42	9:44	9:46	9:48	9:52	9:54	10:01	10:09	10:11	10:12
9:50	9:52	9:54	9:56	10:00	10:02	10:09	10:17	10:19	10:20
9:58	10:00	10:02	10:04	10:08	10:10	10:17	10:25	10:27	10:28
10:06	10:08	10:10	10:12	10:16	10:18	10:25	10:33	10:35	10:36
10:14	10:16	10:18	10:20	10:24	10:26	10:33	10:41	10:43	10:44
10:22	10:24	10:26	10:28	10:32	10:34	10:41	10:49	10:51	10:52
10:30	10:32	10:34	10:36	10:40	10:42	10:49	10:57	10:59	11:00
10:38	10:40	10:42	10:44	10:48	10:50	10:57	11:05	11:07	11:08
10:46	10:48	10:50	10:52	10:56	10:58	11:05	11:13	11:15	11:16
10:54	10:56	10:58	11:00	11:04	11:06	11:13	11:21	11:23	11:24
11:02	11:04	11:06	11:08	11:12	11:14	11:21	11:29	11:31	11:32
11:10	11:12	11:14	11:16	11:20	11:22	11:29	11:37	11:39	11:40
11:19	11:21	11:23	11:25	11:29	11:31	11:38	11:46	11:48	11:49
11:29	11:31	11:33	11:35	11:39	11:41	11:48	11:56	11:58	11:59
11:39	11:41	11:43	11:45	11:49	11:51	11:58	12:06	12:08	12:09
11:49	11:51	11:53	11:55	11:59	12:01	12:08	12:16	12:18	12:19
11:59	12:01	12:03	12:05	12:09	12:11	12:18	12:26	12:28	12:29

Saturday Service

7 Northbound

From Times Sq-42 St, Manhattan, to Flushing-Main St, Queens

Times Sq 42 St	5 Av	42 St Grnd Central	Qnsboro Plz	61 St	74 St	Junction Blvd	111 St	Willets Pt	Main St
12:51	12:53	12:54	1:03	1:10	1:12	1:16	1:18	1:20	1:24
1:04	1:06	1:07	1:16	1:23	1:25	1:29	1:31	1:33	1:37
1:19	1:21	1:22	1:31	1:38	1:40	1:44	1:46	1:48	1:52
1:39	1:41	1:42	1:51	1:58	2:00	2:04	2:06	2:08	2:12
1:59	2:01	2:02	2:11	2:18	2:20	2:24	2:26	2:28	2:32
2:19	2:21	2:22	2:31	2:38	2:40	2:44	2:46	2:48	2:52
2:39	2:41	2:42	2:51	2:58	3:00	3:04	3:06	3:08	3:12
2:59	3:01	3:02	3:11	3:18	3:20	3:24	3:26	3:28	3:32
3:19	3:21	3:22	3:31	3:38	3:40	3:44	3:46	3:48	3:52
3:39	3:41	3:42	3:51	3:58	4:00	4:04	4:06	4:08	4:12
3:59	4:01	4:02	4:11	4:18	4:20	4:24	4:26	4:28	4:32
4:19	4:21	4:22	4:31	4:38	4:40	4:44	4:46	4:48	4:52
4:39	4:41	4:42	4:51	4:58	5:00	5:04	5:06	5:08	5:12
4:59	5:01	5:02	5:11	5:18	5:20	5:24	5:26	5:28	5:32
5:19	5:21	5:22	5:31	5:38	5:40	5:44	5:46	5:48	5:52
5:39	5:41	5:42	5:51	5:58	6:00	6:04	6:06	6:08	6:12
5:58	5:59	6:01	6:09	6:16	6:18	6:22	6:25	6:27	6:30
6:10	6:11	6:13	6:21	6:28	6:30	6:34	6:37	6:39	6:42
6:22	6:23	6:25	6:33	6:40	6:42	6:46	6:49	6:51	6:54
6:32	6:33	6:35	6:43	6:50	6:52	6:56	6:59	7:01	7:04
6:40	6:41	6:43	6:51	6:58	7:00	7:04	7:07	7:09	7:13
6:47	6:48	6:50	6:58	7:05	7:07	7:11	7:14	7:16	7:20
6:53	6:54	6:56	7:04	7:11	7:13	7:17	7:20	7:22	7:26
6:59	7:00	7:02	7:10	7:18	7:20	7:24	7:26	7:29	7:32
7:05	7:06	7:08	7:16	7:24	7:26	7:30	7:33	7:35	7:39
7:10	7:11	7:13	7:21	7:29	7:31	7:35	7:38	7:40	7:44
7:15	7:16	7:18	7:27	7:34	7:36	7:40	7:43	7:46	7:49
7:20	7:21	7:23	7:32	7:39	7:41	7:45	7:48	7:51	7:54
<i>Then every 5 minutes until:</i>									
11:50	11:51	11:53	12:02	12:09	12:11	12:15	12:18	12:21	12:24
11:55	11:56	11:58	12:07	12:14	12:16	12:20	12:23	12:26	12:29
12:00	12:01	12:03	12:12	12:19	12:21	12:25	12:28	12:31	12:34
12:05	12:06	12:08	12:17	12:24	12:26	12:30	12:33	12:36	12:39
12:10	12:11	12:13	12:22	12:29	12:31	12:35	12:38	12:41	12:44
<i>Then every 5 minutes until:</i>									
3:10	3:11	3:13	3:22	3:29	3:31	3:35	3:38	3:41	3:44
3:15	3:16	3:18	3:27	3:34	3:36	3:40	3:43	3:46	3:49
3:20	3:21	3:23	3:32	3:39	3:41	3:45	3:48	3:51	3:54
3:25	3:26	3:28	3:37	3:44	3:46	3:50	3:53	3:56	3:59
3:30	3:31	3:33	3:42	3:49	3:51	3:55	3:58	4:01	4:04
<i>Then every 4-6 minutes until:</i>									
9:08	9:09	9:11	9:20	9:27	9:29	9:33	9:36	9:38	9:41
9:14	9:15	9:17	9:26	9:33	9:35	9:39	9:42	9:44	9:47
9:20	9:21	9:23	9:32	9:39	9:41	9:45	9:48	9:50	9:53
9:28	9:29	9:31	9:40	9:47	9:49	9:53	9:56	9:58	10:01
9:36	9:37	9:39	9:48	9:55	9:57	10:01	10:04	10:06	10:09
9:44	9:45	9:47	9:56	10:03	10:05	10:09	10:12	10:14	10:17
9:52	9:53	9:55	10:04	10:11	10:13	10:17	10:20	10:22	10:25
10:00	10:02	10:03	10:12	10:19	10:21	10:25	10:27	10:29	10:33
10:08	10:10	10:11	10:20	10:27	10:29	10:33	10:35	10:37	10:41
10:16	10:18	10:19	10:28	10:35	10:37	10:41	10:43	10:45	10:49
10:24	10:26	10:27	10:36	10:43	10:45	10:49	10:51	10:53	10:57
10:32	10:34	10:35	10:44	10:51	10:53	10:57	10:59	11:01	11:05
10:40	10:42	10:43	10:52	10:59	11:01	11:05	11:07	11:09	11:13
10:48	10:50	10:51	11:00	11:07	11:09	11:13	11:15	11:17	11:21
10:56	10:58	10:59	11:08	11:15	11:17	11:21	11:23	11:25	11:29
11:04	11:06	11:07	11:16	11:23	11:25	11:29	11:31	11:33	11:37
11:12	11:14	11:15	11:24	11:31	11:33	11:37	11:39	11:41	11:45
11:20	11:22	11:23	11:32	11:39	11:41	11:45	11:47	11:49	11:53
11:28	11:30	11:31	11:40	11:47	11:49	11:53	11:55	11:57	12:01
11:36	11:38	11:39	11:48	11:55	11:57	12:01	12:03	12:05	12:09
11:44	11:46	11:47	11:56	12:03	12:05	12:09	12:11	12:13	12:17
11:52	11:54	11:55	12:04	12:11	12:13	12:17	12:19	12:21	12:25
12:01	12:03	12:04	12:13	12:20	12:22	12:26	12:28	12:30	12:34
12:11	12:13	12:14	12:23	12:30	12:32	12:36	12:38	12:40	12:44
12:21	12:23	12:24	12:33	12:40	12:42	12:46	12:48	12:50	12:54
12:31	12:33	12:34	12:43	12:50	12:52	12:56	12:58	1:00	1:04
12:41	12:43	12:44	12:53	1:00	1:02	1:06	1:08	1:10	1:14

Sunday Service

7 Southbound

From Flushing-Main St, Queens, to Times Sq-42 St, Manhattan

Main St	Willets Pt	111 St	Junction Blvd	74 St	61 St	Qnsboro Plz	42 St Grnd Central	5 Av	Times Sq 42 St
12:11	12:14	12:15	12:18	12:21	12:24	12:31	12:39	12:40	12:42
12:25	12:28	12:29	12:32	12:35	12:38	12:45	12:53	12:54	12:56
12:40	12:42	12:44	12:46	12:50	12:52	12:59	1:07	1:09	1:10
1:00	1:02	1:04	1:06	1:10	1:12	1:19	1:27	1:29	1:30
1:20	1:22	1:24	1:26	1:30	1:32	1:39	1:47	1:49	1:50
1:40	1:42	1:44	1:46	1:50	1:52	1:59	2:07	2:09	2:10
2:00	2:02	2:04	2:06	2:10	2:12	2:19	2:27	2:29	2:30
2:20	2:22	2:24	2:26	2:30	2:32	2:39	2:47	2:49	2:50
2:40	2:42	2:44	2:46	2:50	2:52	2:59	3:07	3:09	3:10
3:00	3:02	3:04	3:06	3:10	3:12	3:19	3:27	3:29	3:30
3:20	3:22	3:24	3:26	3:30	3:32	3:39	3:47	3:49	3:50
3:40	3:42	3:44	3:46	3:50	3:52	3:59	4:07	4:09	4:10
4:00	4:02	4:04	4:06	4:10	4:12	4:19	4:27	4:29	4:30
4:20	4:22	4:24	4:26	4:30	4:32	4:39	4:47	4:49	4:50
4:40	4:42	4:44	4:46	4:50	4:52	4:59	5:07	5:09	5:10
5:00	5:02	5:04	5:06	5:10	5:12	5:19	5:27	5:29	5:30
5:20	5:22	5:24	5:26	5:30	5:32	5:39	5:47	5:49	5:50
5:37	5:39	5:41	5:43	5:47	5:49	5:56	6:04	6:06	6:07
5:50	5:52	5:54	5:56	6:00	6:02	6:09	6:17	6:19	6:20
6:00	6:02	6:04	6:06	6:10	6:12	6:19	6:27	6:29	6:30
6:09	6:11	6:13	6:15	6:19	6:21	6:28	6:36	6:38	6:39
6:17	6:19	6:21	6:23	6:27	6:29	6:36	6:44	6:46	6:47
6:25	6:27	6:29	6:31	6:35	6:37	6:44	6:52	6:54	6:55
<i>Then every 8 minutes until:</i>									
7:37	7:39	7:41	7:43	7:47	7:50	7:58	8:06	8:08	8:10
7:45	7:47	7:49	7:51	7:55	7:58	8:06	8:14	8:16	8:18
7:53	7:55	7:57	7:59	8:03	8:06	8:14	8:22	8:24	8:26
7:59	8:01	8:03	8:05	8:09	8:12	8:20	8:28	8:30	8:32
8:05	8:07	8:09	8:11	8:15	8:18	8:26	8:34	8:36	8:38
<i>Then every 6 minutes until:</i>									
12:17	12:19	12:21	12:23	12:27	12:30	12:38	12:47	12:48	12:50
12:23	12:25	12:27	12:29	12:33	12:36	12:44	12:53	12:54	12:56
12:29	12:31	12:33	12:35	12:39	12:42	12:50	12:59	1:00	1:02
12:35	12:37	12:39	12:41	12:45	12:48	12:56	1:05	1:06	1:08
12:41	12:43	12:45	12:47	12:51	12:54	1:02	1:11	1:12	1:14
<i>Then every 6 minutes until:</i>									
2:41	2:43	2:45	2:47	2:51	2:54	3:02	3:11	3:12	3:14
2:47	2:49	2:51	2:53	2:57	3:00	3:08	3:17	3:18	3:20
2:53	2:55	2:57	2:59	3:03	3:06	3:14	3:23	3:24	3:26
2:59	3:01	3:03	3:05	3:09	3:12	3:20	3:29	3:30	3:32
<i>Then every 6 minutes until:</i>									
7:54	7:57	7:58	8:01	8:04	8:07	8:15	8:23	8:25	8:27
8:02	8:05	8:06	8:09	8:12	8:15	8:23	8:31	8:33	8:35
8:10	8:13	8:14	8:17	8:20	8:23	8:31	8:39	8:41	8:43
8:20	8:23	8:24	8:27	8:30	8:33	8:40	8:48	8:49	8:51
8:28	8:31	8:32	8:35	8:38	8:41	8:48	8:56	8:57	8:59
8:36	8:39	8:40	8:43	8:46	8:49	8:56	9:04	9:05	9:07
8:44	8:47	8:48	8:51	8:54	8:57	9:04	9:12	9:13	9:15
8:52	8:55	8:56	8:59	9:02	9:05	9:12	9:20	9:21	9:23
9:00	9:03	9:04	9:07	9:10	9:13	9:20	9:28	9:29	9:31
9:08	9:11	9:12	9:15	9:18	9:21	9:28	9:36	9:37	9:39
9:16	9:19	9:20	9:23	9:26	9:29	9:36	9:44	9:45	9:47
9:24	9:27	9:28	9:31	9:34	9:37	9:44	9:52	9:53	9:55
9:33	9:35	9:37	9:39	9:43	9:45	9:52	10:00	10:02	10:03
9:43	9:45	9:47	9:49	9:53	9:55	10:02	10:10	10:12	10:13
9:53	9:55	9:57	9:59	10:03	10:05	10:12	10:20	10:22	10:23
10:03	10:05	10:07	10:09	10:13	10:15	10:22	10:30	10:32	10:33
10:13	10:15	10:17	10:19	10:23	10:25	10:32	10:40	10:42	10:43
10:23	10:25	10:27	10:29	10:33	10:35	10:42	10:50	10:52	10:53
10:33	10:35	10:37	10:39	10:43	10:45	10:52	11:00	11:02	11:03
10:43	10:45	10:47	10:49	10:53	10:55	11:02	11:10	11:12	11:13
10:53	10:55	10:57	10:59	11:03	11:05	11:12	11:20	11:22	11:23
11:03	11:05	11:07	11:09	11:13	11:15	11:22	11:30	11:32	11:33
11:13	11:15	11:17	11:19	11:23	11:25	11:32	11:40	11:42	11:43
11:23	11:25	11:27	11:29	11:33	11:35	11:42	11:50	11:52	11:53
11:35	11:37	11:39	11:41	11:45	11:47	11:54	12:02	12:04	12:05
11:47	11:49	11:51	11:53	11:57	11:59	12:06	12:14	12:16	12:17
11:59	12:01	12:03	12:05	12:09	12:11	12:18	12:26	12:28	12:29

Sunday Service

7 Northbound

From Times Sq-42 St, Manhattan, to Flushing-Main St, Queens

Times Sq 42 St	5 Av	42 St Grnd Central	Qnsboro Plz	61 St	74 St	Junction Blvd	111 St	Willets Pt	Main St
12:51	12:53	12:54	1:03	1:10	1:12	1:16	1:18	1:20	1:24
1:04	1:06	1:07	1:16	1:23	1:25	1:29	1:31	1:33	1:37
1:19	1:21	1:22	1:31	1:38	1:40	1:44	1:46	1:48	1:52
1:39	1:41	1:42	1:51	1:58	2:00	2:04	2:06	2:08	2:12
1:59	2:01	2:02	2:11	2:18	2:20	2:24	2:26	2:28	2:32
2:19	2:21	2:22	2:31	2:38	2:40	2:44	2:46	2:48	2:52
2:39	2:41	2:42	2:51	2:58	3:00	3:04	3:06	3:08	3:12
2:59	3:01	3:02	3:11	3:18	3:20	3:24	3:26	3:28	3:32
3:19	3:21	3:22	3:31	3:38	3:40	3:44	3:46	3:48	3:52
3:39	3:41	3:42	3:51	3:58	4:00	4:04	4:06	4:08	4:12
3:59	4:01	4:02	4:11	4:18	4:20	4:24	4:26	4:28	4:32
4:19	4:21	4:22	4:31	4:38	4:40	4:44	4:46	4:48	4:52
4:39	4:41	4:42	4:51	4:58	5:00	5:04	5:06	5:08	5:12
4:59	5:01	5:02	5:11	5:18	5:20	5:24	5:26	5:28	5:32
5:19	5:21	5:22	5:31	5:38	5:40	5:44	5:46	5:48	5:52
5:39	5:41	5:42	5:51	5:58	6:00	6:04	6:06	6:08	6:12
5:59	6:01	6:02	6:11	6:18	6:20	6:24	6:26	6:28	6:32
6:16	6:17	6:19	6:27	6:34	6:36	6:40	6:43	6:45	6:48
6:29	6:30	6:32	6:40	6:47	6:49	6:53	6:56	6:58	7:01
6:41	6:42	6:44	6:52	6:59	7:01	7:05	7:08	7:10	7:13
6:51	6:52	6:54	7:02	7:09	7:11	7:15	7:18	7:20	7:23
7:00	7:01	7:03	7:11	7:18	7:20	7:24	7:27	7:29	7:32
7:08	7:09	7:11	7:19	7:26	7:28	7:32	7:35	7:37	7:40
<i>Then every 8 minutes until:</i>									
8:20	8:21	8:23	8:31	8:39	8:41	8:45	8:47	8:49	8:53
8:27	8:29	8:30	8:39	8:46	8:48	8:52	8:55	8:57	9:00
8:34	8:36	8:37	8:46	8:53	8:55	8:59	9:02	9:04	9:07
8:40	8:42	8:43	8:52	8:59	9:01	9:05	9:08	9:10	9:13
8:46	8:48	8:49	8:58	9:05	9:07	9:11	9:14	9:16	9:19
<i>Then every 6 minutes until:</i>									
11:22	11:24	11:25	11:34	11:42	11:44	11:48	11:51	11:53	11:57
11:28	11:30	11:31	11:40	11:48	11:50	11:54	11:57	11:59	12:03
11:34	11:36	11:37	11:46	11:54	11:56	12:00	12:03	12:05	12:09
11:40	11:42	11:43	11:52	12:00	12:02	12:06	12:09	12:11	12:15
<i>Then every 6 minutes until:</i>									
4:40	4:42	4:43	4:52	5:00	5:02	5:06	5:09	5:11	5:15
4:46	4:48	4:49	4:58	5:06	5:08	5:12	5:15	5:17	5:21
4:52	4:54	4:55	5:04	5:12	5:14	5:18	5:21	5:23	5:27
4:58	5:00	5:01	5:10	5:18	5:20	5:24	5:27	5:29	5:33
<i>Then every 6 minutes until:</i>									
8:29	8:30	8:32	8:40	8:47	8:49	8:53	8:56	8:58	9:01
8:37	8:38	8:40	8:48	8:55	8:57	9:01	9:04	9:06	9:09
8:45	8:46	8:48	8:56	9:03	9:05	9:09	9:12	9:14	9:17
8:53	8:54	8:56	9:04	9:11	9:13	9:17	9:20	9:22	9:25
9:01	9:02	9:04	9:12	9:19	9:21	9:25	9:28	9:30	9:33
9:09	9:10	9:12	9:20	9:27	9:29	9:33	9:36	9:38	9:41
9:17	9:18	9:20	9:28	9:35	9:37	9:41	9:44	9:46	9:49
9:25	9:26	9:28	9:36	9:43	9:45	9:49	9:52	9:54	9:57
9:33	9:34	9:36	9:44	9:51	9:53	9:57	10:00	10:02	10:05
9:41	9:42	9:44	9:52	9:59	10:01	10:05	10:08	10:10	10:13
9:49	9:50	9:52	10:00	10:07	10:09	10:13	10:16	10:18	10:21
9:57	9:58	10:00	10:08	10:15	10:17	10:21	10:24	10:26	10:29
10:05	10:06	10:08	10:16	10:23	10:25	10:29	10:32	10:34	10:37
10:13	10:15	10:16	10:25	10:32	10:34	10:38	10:40	10:42	10:46
10:23	10:25	10:26	10:35	10:42	10:44	10:48	10:50	10:52	10:56
10:33	10:35	10:36	10:45	10:52	10:54	10:58	11:00	11:02	11:06
10:43	10:45	10:46	10:55	11:02	11:04	11:08	11:10	11:12	11:16
10:53	10:55	10:56	11:05	11:12	11:14	11:18	11:20	11:22	11:26
11:03	11:05	11:06	11:15	11:22	11:24	11:28	11:30	11:32	11:36
11:13	11:15	11:16	11:25	11:32	11:34	11:38	11:40	11:42	11:46
11:23	11:25	11:26	11:35	11:42	11:44	11:48	11:50	11:52	11:56
11:33	11:35	11:36	11:45	11:52	11:54	11:58	12:00	12:02	12:06
11:43	11:45	11:46	11:55	12:02	12:04	12:08	12:10	12:12	12:16
11:53	11:55	11:56	12:05	12:12	12:14	12:18	12:20	12:22	12:26
12:05	12:07	12:08	12:17	12:24	12:26	12:30	12:32	12:34	12:38
12:17	12:19	12:20	12:29	12:36	12:38	12:42	12:44	12:46	12:50
12:29	12:31	12:32	12:41	12:48	12:50	12:54	12:56	12:58	1:02
12:41	12:43	12:44	12:53	1:00	1:02	1:06	1:08	1:10	1:14